

Year 10 Parents - Single confirmed case: Year 10 Student

Advice for Child to Self-Isolate for 14 Days

Dear Parent,

We have been advised by Public Health England that there has been a confirmed case of COVID-19 within the school.

We have followed the national guidance and have identified that your child has potentially been in contact with the student as part of the year group bubble.

In line with the national guidance we therefore recommend that your child now stay at home and self-isolate until Friday 11th December 2020, returning to school on Monday 14th December.

We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your child is well at the end of the 14 days period of self-isolation (11th December 2020), then they can return to usual activities.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14-day self-isolation period. It is not necessary for the whole family to self-isolate.

Continued education provision

Although our building will be closed to your child's year group, this is very much still a period of education.

Timetabled lessons will run online in accordance with your son or daughter's timetable. Staff will be marking work and giving feedback as usual.

We will be continuing to monitor attendance in all lessons and will inform you if your child is not participating or meeting deadlines.

We have a very strong remote learning provision and all staff are now experienced in delivering lessons in this way.

All subject areas use google classroom and new students have had support in understanding and navigating this way of working during their induction programme. Students can also reach out to staff by email if they need support in completing their work online.

It is vitally important that you let us know if there are any barriers to online learning for your child. If you do not have internet connection or access to a smart telephone, tablet or computer please let us know so we can provide the necessary support.

We ask for your commitment and support in ensuring your young people treat this time as if they were in school and are ready to learn at the start of each lesson. Maintaining a healthy routine will be key to this.

Students will receive links to access their lessons by email. Please ensure your child is able to access their school email account and contact us if there are any problems.

If your child is entitled to free school meals, please do get in touch and we will do our best to supply you with this change in circumstance.

I have included additional information below from Public Health England which will remind you of what to do should you suspect your child or a family member is displaying symptoms.

We appreciate how disappointing this is for students who are settling well and making new friends. We are committed to delivering a full timetable and ensuring every student can learn effectively during this time. If you have any specific concerns regarding this, please contact us by email and we will do our best to resolve them quickly.

I'm sure two weeks will fly by and we will be back together before we know it. In the meantime, please do stay safe and work hard.

This is not a holiday. We have lots of interesting stuff planned for you. Keep your motivation up, stay connected and keep talking to your teachers.

Best wishes,

Jill Davies, Principal

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 .

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>